Top "Money Getters" In Bike-A-Thon

Forty-five riders began their ten mile ride for the annual Bike-A-Thon on Sunday, October 19 to make money for the Appomattox County Unit, American Society.

The cyclists had been out getting pledges for certain amount of money pledged for each mile the riders made it and the total pledged amounted to over $2,000.00.

The top "money-getters", shown above left to right, were Carroll Almond who turned in $128.50; Denise Grove, with a total of $141.00; and heading the group of young people was James Beaty with a total of $153.00. In the adult division, Becky Shorter rode for total pledges of $197.50. The three young people and Mrs. Shorter were awarded trophies from the American Cancer Society. On the far right in the photo above is Miss Claudia Gordon, the Celebrity Chairman for the Bike-A-Thon. Miss Gordon rode for pledges of $319.00. She was presented a plaque in recognition of her service in this endeavor. The Rev. Doyle Chauncey came in second in the adult division. His pledges amounted to $195.00.

Other high-pledge riders were Mike Ranson, $103.05; Carolyn Chambers, $113.55; Joyce Garrett, $94.10; Marshall Cunningham, $44.50; and Greg Davis, $41.50.

Other riders were Cheryl Lynn McCormick, Jay C. Whitehead, Robert Stewart, Julie Leitner, Donald L. Hudson, Leonard Allen McCormick, Angie White, Jay Stewart, Donna Fleshman, Robert Hubbard, Joyce Garrett, Jane Eagle, David Totty, Susan Ebbs, Charlene Hamlett, Sharon Chambers, John Phillips, Ashley Wright, Bob Painter, Laura Megan, Mary W. Reynolds, Kimbra Hancock, Joe Hamlett, Lisa Pannell, Donald R. Scruggs, Betty Magam, Wesley Baldwin, Richard C. Conner, Steve Conner, Beth Caldwell, Sheila Roach, Al and Sue Dawson, Rita Reynolds, and Larry Shorter.

The Appomattox County Unit, American Cancer Society is very grateful to all the riders and to the workers for making the 1975 Bike-A-Thon the success that it was.

IS IT A DUCK? IS IT A BIRD? Steve Sweeney Cyrus, shown above, was not real sure which it looked the most like but was sure of one thing - that it was an odd shaped potato. The potato was grown by his uncle, Charlie Mayberry of Sherwell, who gave it to Steve.
He is the son of Mr. and Mrs. Harry Cyrus of Appomattox.

High Blood Pressure Screening

The average person if asked how many Americans were victims of high blood-pressure probably wouldn't come close in his guess. It is estimated 23 million Americans have high blood-pressure in one of it's several forms and that 1 in 6 adults is probably affected.

In order to provide the people of Southside Virginia with an opportunity to have their blood-pressure checked at no charge, The Exchange Club of Farmville, with the cooperation of the Virginia affiliate of the American Heart Association, and assistance of local medical personnel, will hold a Blood-Pressure Screening on November 22,1975. Location of the screening will be the offices of Drs. C. E. Hutcheson, Jr. and Paul P. Hicks, Jr. in the College Plaza Shopping Center in Farmville. The screening will run from 10 a.m. until 4 p.m.

"Most people don't really realize the danger involved with high blood-pressure", said project co-chairman Elliott Irving, "the false belief that high blood-pressure will just go away could prove to be a misconception that can lead to heart attack, stroke or kidney failure."

High blood-pressure is not limited to the elderly; the danger can effect people of all ages. It is the major health problem of Black people. For example,out of every Black Americans of 400, one has sickle-cell anemia, while of these 400, 120 have high blood-pressure.

Irving and fellow Exchangite co-chairman, Dr. C. E. Hutcheson, Jr. hope that the people of Southside Virginia, regardless of age, race, or sex will realize the potential danger and take advantage of the free screening. All people owe it to themselves and their families to have their blood-pressure checked.

APPOMATTOX PRIMARY SCHOOL CAFETERIA MENU

Mon., Nov. 3 - Bologna sandwich, creamed potatoes, green peas, milk, peanut butter cookie

Tues., Nov. 4 - Sausage pattie, green beans, apple sauce, rolls, butter, jello, topping, milk.

Wed., Nov. 5 - Beefaroni, Tossed salad, cheese wedge, roll, butter, milk, fruit

Thurs., Nov. 6 - Hamburger on bun, cold slaw, ice cream, milk.

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Slacks - Bra
Pants Suit
Gown - Robe Set
Knee Socks
Handbags - Hosiery
Scarf - Handkerchief
Blouse - Tops

FOR HIM
Pile Lined Jackets
Shirts - Slacks
Sport Coats
Flannel P. J.'s
Football Socks
Hanes Underwear
Gloves - Caps
Billfolds - Sweaters
Shoes - Boots

Blankets - Towels - Sheets - Bedspreads - Curtains - Drapery Hardware - Rugs - Luggage - Wall Pictures - Christmas Flowers, Arrangements & Wreaths - Decorative Glassware - Aluminum Cookware - Glass Cookware - Plastic Kitchenware.

TOYS STRAIGHT FROM SANTA'S PACK
Toyland Open
Lay-A-Way Now!

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This year, wrap up Christmas early

GET EVEN WITH "JAWS"
EAT SEAFOOD!!!
FRESH UNWASHED SELECT OYSTERS
From The Land of Pleasant Living - Chesapeake Bay
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To Place Your Order:
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352-8400 - A & D RESTAURANT
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352-8246 - J. A. BURKE & CO., INC.

ORDER BY	PICK up at A & D Restaurant
Nov. 5	Nov. 7
Nov. 19	Nov. 21
Dec. 3	Dec. 5
Dec. 17	Dec. 19

Chestnut Grove

The Rev. and Mrs. Dott Bryan, Mrs. Bob Bryan, Mrs. W. T. Cook, Mr. and Mrs. Bernard Tolbert, attended the fall session of The James River Association held at Enon Baptist Church.

Mrs. Dewey L. Gobble

PAMPLIN - Mrs. Lottie Kestner Gobble, 62, of Rt. 1, Pamplin, died Saturday morning at her home.

Born in Appomattox County, she was a daughter of the late Hardy Kestner and Mary Gobble Kestner. She was a member of Walker's Presbyterian Church.

She is survived by her husband, Dewey Lee Gobble; one daughter, Mrs. Annie G. Kress of Pamplin; four sisters, Mrs. Virgie White and Mrs. Estie Franklin, both of Appomattox, Mrs. Viola Franklin of Spout Spring, and Mrs. Myrtle Gilmer of Bristol; one brother, T. R. Kestner of Appomattox; and four grandchildren.

Funeral services were conducted at 2 p.m. Sunday at the Robinson Funeral Home, Appomattox, by the Rev. Cecil Dalton. Burial was in Walkers Presbyterian Church Cemetery, Hixburg.

Burley B. Harris

EVERGREEN - Burley Braxton Harris, 76, of Rt. 1, Appomattox, died at 12:55 a.m. Monday in Lynchburg General Hospital. He was the husband of Etta Dunn Harris.

Born in Appomattox County, he was a son of the late Samuel R. Harris and Alice Wright Harris. He was a member of Rocks Baptist Church, and was a retired Norfolk and Western Railroad employe. He also was a member of the Brotherhood of Maintenance of Way Employes.

In addition to his wife, he is survived by two sons, Burley B. Harris, Jr. and Robert Gene Harris of Appomattox; three daughters, Joyce H. Ferguson, Mrs. James A. Lewis and Mrs. A. Lewis Harris of Appomattox; two brothers, J. J. Harris and Melvin Harris of Evergreen; two sisters, Mrs. L. E. Reynolds of Spout Spring and Mrs. Carrie Day of Farmville, and nine grandchildren.

Funeral services were held at 11 a.m. Wednesday at Rocks Baptist Church, with burial in the church cemetery.

Robinson Funeral Home was in charge of arrangements.

Saturday visitors of Mr. and Mrs. Bill Senger were Mr. and Mrs. Howard Johnson of Farmville; Mrs. C. A. Merrit of South Carolina; Mr. Johnson's uncle, also of Farmville. Sunday callers in the same home were Mr. and Mrs. Leo Rice of Crewe.

Congratulations to Mr. and Mrs. Ronald Senger on the birth of a daughter, Amy Lynn, born Tuesday, October 21, at Southside Community Hospital.

Mrs. Robert Metcalfe, Jr. and Mary Ann, of Virginia Beach, spent the week end with her parents, Mr. and Mrs. W. T. Cook, Kenneth Cook, of Prospect, also spent the week end. Other visitors during the week end were Charles Wayne Cook, of Richmond; Janice Carter and Mary Ellen Zientek of Norfolk; Mr. and Mrs. Edward T. Cook and Randy of Prospect; Mrs. K. M. Beasley, Jr. and Kathy of Dillwyn.

Mr. and Mrs. T. C. Beasley, of Roanoke were week end visitors of Mr. and Mrs. Kemper M. Beasley, Sr. and Mr. and Mrs. Kelly Branch, of Buckingham.

Mr. and Mrs. H. Flood Harris, of Green Bay, were visitors of Mr. and Mrs. R. L. Harris Sunday.

Hazel Moon, Group (ONE) will hold their semi-Annual meeting at Chestnut Grove Baptist Church, Friday, Oct. 31, beginning at 10 a.m. Karen Harris was home for the week end from Fairfax.

Ricky Senger was among one of the lucky ones to kill a seven point buck with bow and arrow last week.

Banquet And Meeting Rooms To Accommodate Groups of 10-300
FRIDAY AND SATURDAY SPECIAL
5:00 to 9:00 p.m. $4.95
OLD FASHIONED BUFFET
Featuring Some of the South's Favorite Recipes!
Create your own salad from our bountiful Salad Bar. A Delightful Assortment of Desserts - Unlimited Servings.
Friday, Saturday and Sunday Specials
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Served with baked potato and create your own salad from the Salad Bar.
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Buy just 15 square yards or more between now and NOV. 15, and Armstrong will send you 1000 S&H Green Stamps FREE!
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TRIANGLE PLAZA
APPOMATTOX, VA.

VOTE FOR
☒ John C. Cole
rd of Supervisors - Southside District

It has been an honor and privilege to serve you, the citizens of Appomattox County, over the past twelve years.

As your representative from the Southside District, I have taken this position of public trust seriously and have tried to bring into being the services that our citizens wanted and were willing to support. I have attempted to consider the impact of my actions upon all the citizens of Appomattox County.

My desire is to promote a county government that is truly representative, efficient and honest and one in which you can have confidence.

I am proud of our accomplishments over the recent years and am extremely grateful to you for the confidence that you have shown in me.

I hope that my record and my experience will be considered when you vote on Tuesday, November 4, and if you see fit to call me again to serve I pledge to you my continued appreciation and my dedication of service to you.

Paid political advertisement by Ann C. Cole, Treasurer.

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